

STOIC OS: INSTALLING ANCIENT WISDOM FOR HOLISTIC LEADERSHIP IN THE DIGITAL WORLD

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AGENDA



- ❖ Welcome to the VUCA World
- ❖ Leadership in a VUCA World
- ❖ Characteristics of a Holistic Leader
- ❖ Install STOIC OS
- ❖ STOIC OS Kernel De-coding: the 4 Stoic Virtues
- ❖ STOIC OS Business Cases: Courage & Justice
- ❖ How to learn STOIC OS Kernel Programming

WELCOME TO THE VUCA WORLD

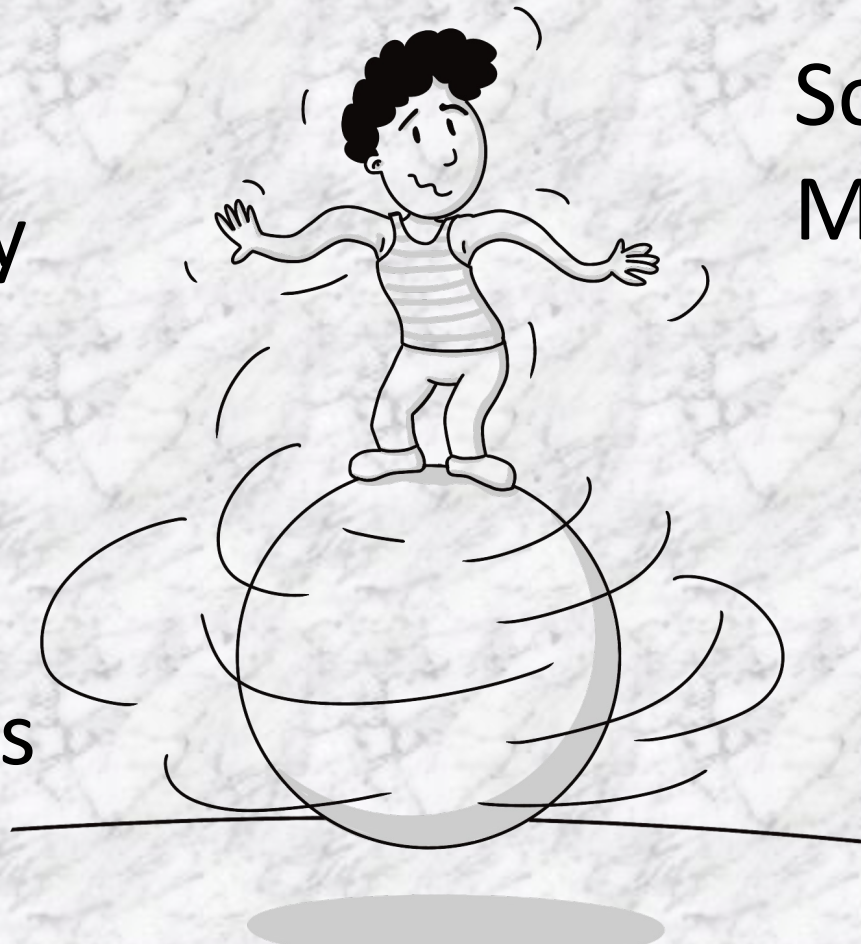
Work

Social
Media

Family

News

Friends



Volatility

speed and degree of
environment changes

Uncertainty

lack of complete
information

Complex

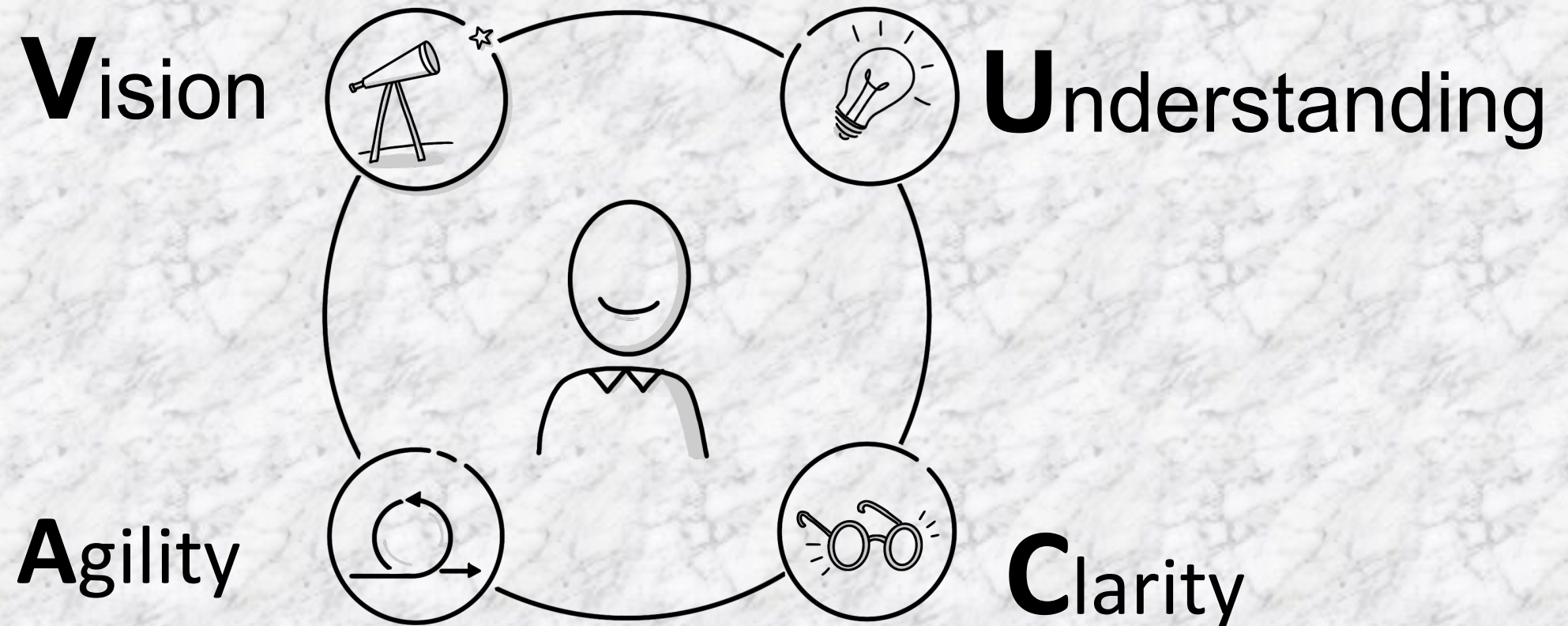
increased number of
variables

Ambiguity

struggle to understand
implications of decision

LEADERSHIP IN A VUCA WORLD

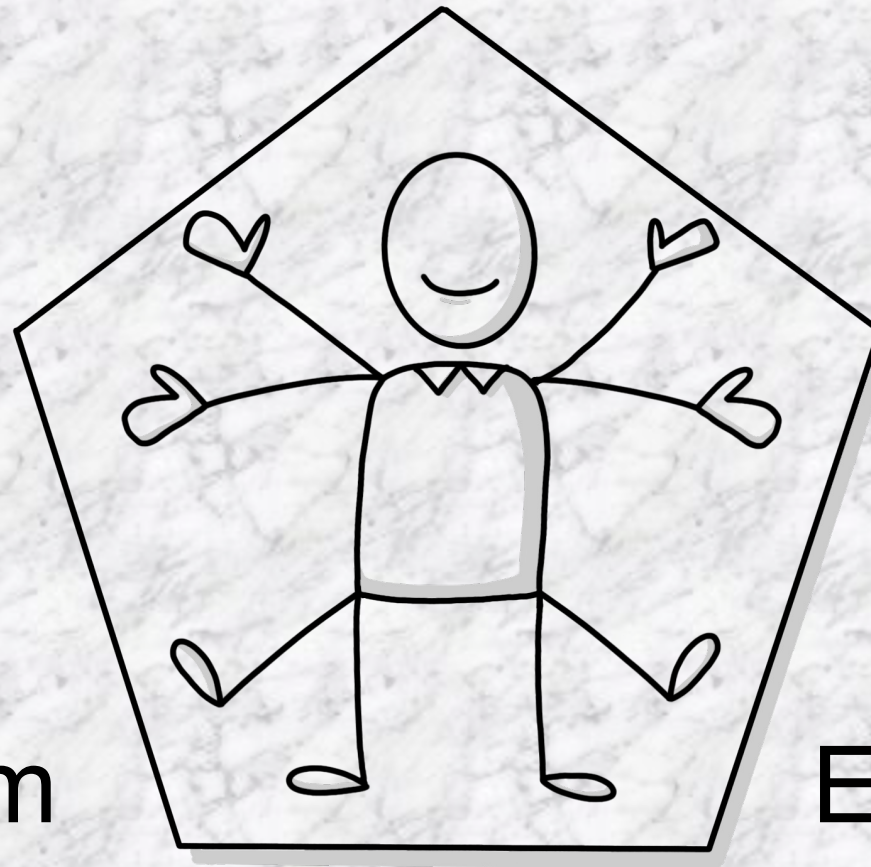
Holistic Leadership



CHARACTERISTICS OF A HOLISTIC LEADER

Ethical Decision Making

Emotional
Intelligence



Systems
Thinking

Long-Term
Vision

Employee
Well-Being

INSTALL STOIC OS

Leaders should exemplify the virtues they desire in others!

Decisions have to be based on ethical principles!

Focus on what you can control. Accept what you can't control!

Reflect on yourself and increase your self-awareness to grow!

Embrace the challenges and setbacks as opportunities!

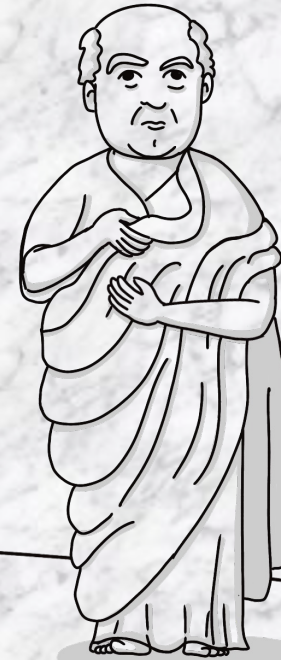
Stay calm regardless of your emotional state!



Marcus Aurelius
Roman Emperor
161 to 180 AD



Epictetus
Born in slavery



Seneca
Philosopher,
Statesman, Author

STOIC OS KERNEL: THE 4 VIRTUES

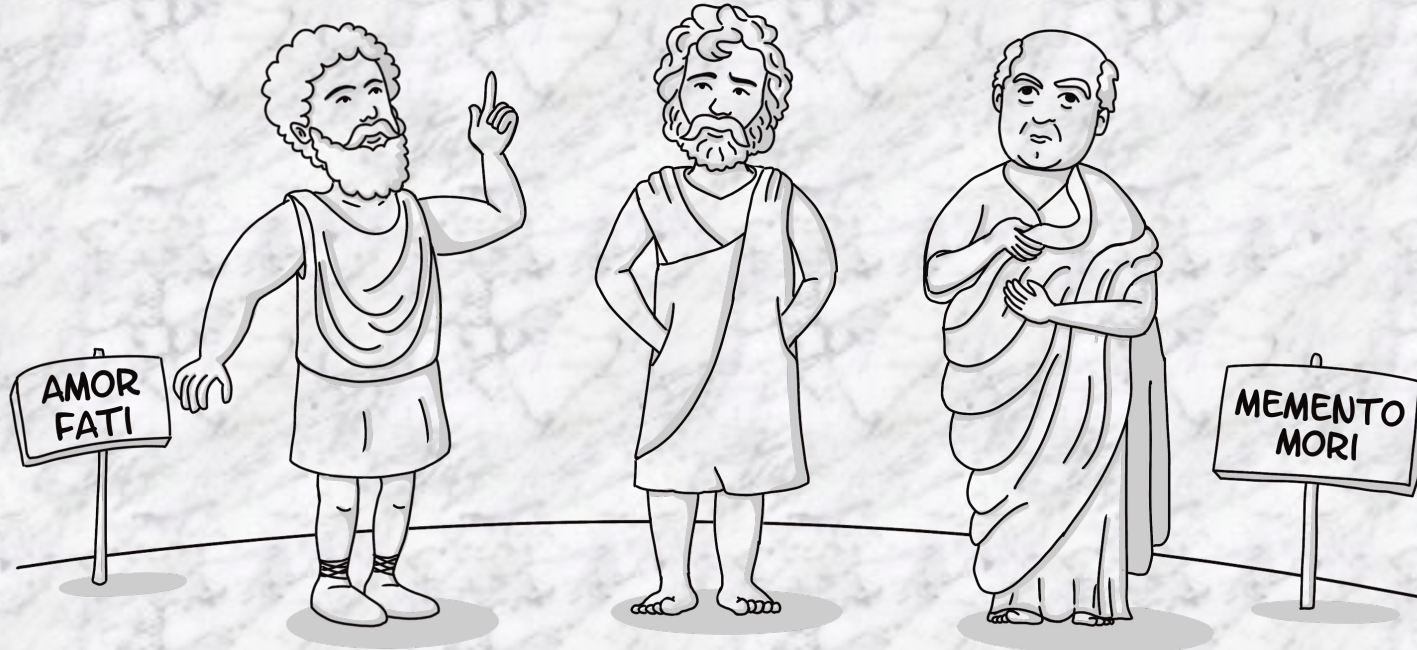
Wisdom

Pursuit of wisdom and understanding what is in your control at heart of Stoicism



Courage

Cultivate your inner strength and courage in the face of challenges



Temperance

Master your desires and impulses

Justice

Treat others with fairness, empathy and kindness

STOIC OS BUSINESS CASES



Address Performance Problems of a Direct Report

Aggressive

Unacceptable performance!

Passive

it will improve over time

Stoic-Holistic

decline in performance is concerning, but what is the whole story? Let's have an open conversation



Equal Resource Allocation for global Teams

Injust

Need to appease stakeholders in Europe

Passive

Let's allocate resources across all regions

Stoic-Holistic

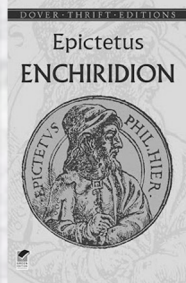
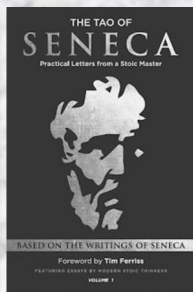
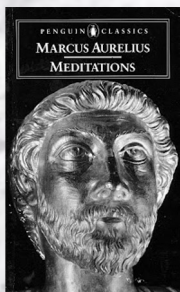
I understand the strengths of each region and individual and actively seek input from team members to assign a balanced team.



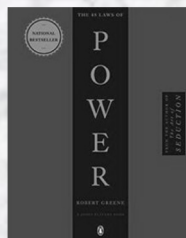
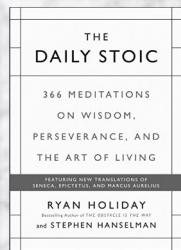
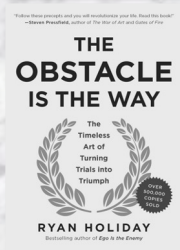
LEARN STOIC OS KERNEL PROGRAMMING

Read and Reflect

classic

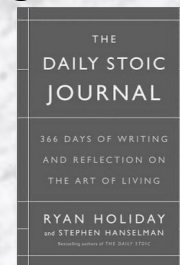


modern



Gratitude and Reflection Diaries

Regularly reflect on your blessings and cultivate a positive perspective



Negative Visualizations

Envision challenges, setbacks and loss to build emotional resilience

Mediation and Mindfulness

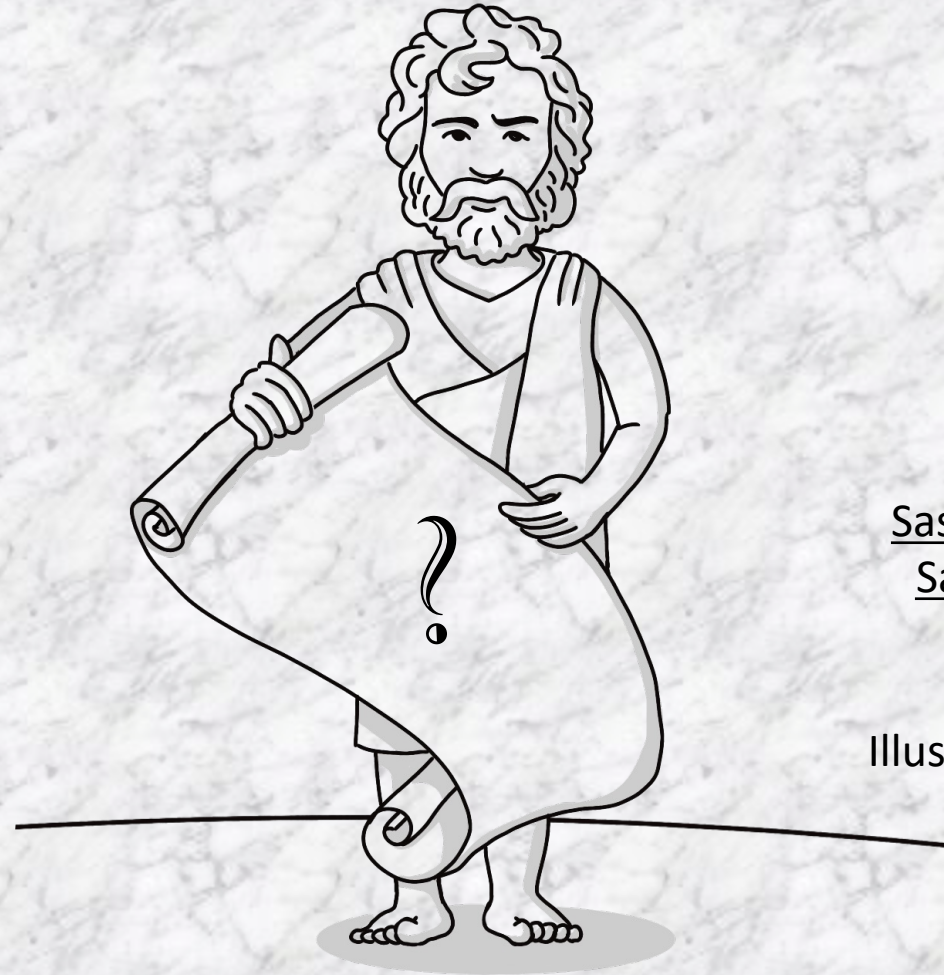
Develop self-awareness and emotional resilience

Practice Virtues

Integrate the 4 Stoic virtues in your daily life

Practice! Practice! Practice!

THANK YOU



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Illustrations in this presentation by
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