



Repeated Measures Analysis

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Phuse SDE, 03DEC2016

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Agenda

- 1 Introduction to Repeated Measures
- 2 Building models:
- 3 PROC MIXED
- 4 Syntax
- 5 REPEATED statement
- 6 Covariance Structures
- 7 Examples and QA

Repeated Measures: Introduction & Basics

- + Refers to data set with multiple measurement (made over a period of time) of response variable on the same experimental unit.
- + Data consists of multiple measurements on experimental units such as individuals, animals or machines.
- + Experimental Design: Completely randomized Design
- + Factors:
 - + **Treatment** (Between subjects)
 - + **Time** (Within subjects)

Why Repeated measures?

- + Experimental design has goal of reducing error and minimizing bias: E.g, Using Randomized blocks.
- + Individuals are '**Blocks**' in repeated measures.
- + Can conduct complex designs with fewer experimental units
- + Involves covariance structure: Particularly the error variance covariance structure
- + Adjacent observations are likely to be more **correlated** than more distant observations

Objectives

- + Important feature of repeated measure experiments: Correlation pattern among the responses on the same individual over time.
- + To test difference between treatment means and changes in treatment means over time.
- + To test covariance structure of the observed data.
- + In repeated measures ANOVA, the effects of interest are:
 - + Between-subject effects such as TREATMENT
 - + Within-Subject effects such as TIME
 - + Interaction between two effects: TREATMENT * TIME

Some examples / applications

- + ECG (QTc) monitoring following drug administration
- + Weight of subjects at daily/weekly intervals
- + FEV1 measurements following inhalation of therapeutic substance
- + Laboratory parameter measurements at certain time-points
- + Cross-over Studies
- + Long term monitoring studies

Repeated Measures Designs

- + Univariate and Multivariate Approaches
 - + Univariate
 - + Randomized Designs
 - + Split-plot designs
 - + Multivariate:
 - + MANOVA
 - + Mixed Model Analysis
 - + GLMM (General Linear Mixed Model)
- + **Mixed Model** Approach is preferred method

Building the analysis model

1. Model the mean structure, by specifying the fixed effects.
2. Specify the covariance structure: Between subjects and Within subjects.
3. Fit the mean model accounting for the covariance structure.
4. Make statistical inference based on the results of step 4.

MIXED model

Statistical Notations:

- Let Y_{ij} = outcome for i^{th} person, j^{th} measurement
- Let Y be a vector of all outcomes for all subjects
- X is a matrix of independent variables
- Z is a matrix associated with random effects

MIXED model formulation (Contd)

$$\text{Model: } Y = X_{\beta} + Z_{\gamma} + \epsilon$$

β are the **fixed effect** parameters

- + Similar to the coefficients in a regression model
- + Coefficients tell us how variables are associated with the outcome
- + Some coefficients (of time and interactions with time) will also tell us how variables are associated with change in the outcome

γ is the unknown vector of **random effects**, $\gamma \sim N(0, \Sigma)$

ϵ are the errors, i.e, residual effect being the difference between the modelled value and the observed value for each subject

$\epsilon \sim N(0, R)$. (Ex: $R = \sigma^2$)

Variance-Covariance Matrix of the model $V = ZGZ' + R$

Repeated Measures MIXED Model

- + Simplified structure of the model:

$$y_{ijk} = \mu + \alpha_i + \gamma_k + (\alpha\gamma)_{ik} + u_{ij} + e_{ijk}$$

Where,

- + Y_{ijk} is response at time k for the j^{th} subject in the i^{th} group
- + μ , α_i , γ_k , and $(\alpha\gamma)_{ik}$ are fixed effects
- + u_{ij} is the random effect corresponding to the j^{th} subject in the i^{th} group
- + e_{ijk} is random error

MIXED model formulation (Contd)

+ Assumptions of Model

- Linearity
- Homoscedasticity (constant variance)
- Errors are normally distributed
- Random effects are normally distributed
- Typically assume Missing At Random (MAR)

+ Graphical tools for checking assumptions

- Scatter Plot
- Quantile-Quantile plot (QQ plot)

+ Mixed Model uses 3 approaches to variance component estimation

1. ANOVA
2. Maximum likelihood (ML)
3. **R**estricted **m**aximum likelihood (**REML**)

General Linear Model vs Linear Mixed Model

General Linear Model

The parameters in a GLM are β and σ^2

$$Y_i = \underbrace{X_i \beta}_{\text{fixed}} + \underbrace{\varepsilon_i}_{\text{random}}$$

$$\varepsilon_i \sim \text{iid } N(\mathbf{0}, \sigma^2)$$

Independent observations with constant variance

Linear Mixed Model

The parameters in a LMM are β and the variances and covariances in D and R_i

$$Y_i = \underbrace{X_i \beta}_{\text{fixed}} + \underbrace{Z_i u_i}_{\text{random}} + \varepsilon_i$$

$$u_i \sim N(\mathbf{0}, D)$$

$$\varepsilon_i \sim N(\mathbf{0}, R_i)$$

Variance-Covariance Matrix, captures non-independence

SYNTAX

PROC MIXED < options > ;

BY variables ;

CLASS variables ;

ID variables ;

MODEL dependent = < fixed-effects > < / options > ;

RANDOM random-effects < / options > ;

REPEATED < repeated-effect > < / options > ;

PARMS (value-list) ... < / options > ;

PRIOR < distribution > < / options > ;

CONTRAST 'label' < fixed-effect values ... > < | random-effect values ... > ,
... < / options > ;

ESTIMATE 'label' < fixed-effect values ... > < | random-effect values ... >
< / options > ;

LSMEANS fixed-effects < / options > ;

WEIGHT variable;

ODS OUTPUT 'table' OUT=SAS-data-set ;

RUN;

PROC MIXED

- + **METHOD**= specifies the estimation methods (ML, REML)
- + **CLASS**= specifies which variables are considered as factors (ex, TRT).
- + **MODEL** specifies the model (i.e response and fixed effects X_i).
- + **ID** In general, SAS uses the same order as the original data
- + **RANDOM** specifies the random effects (Z_i)
 - + **Solution** needed to calculate empirical Bayes estimates
 - + **Subject**= id variable
 - + **G, gcorr, v, vcorr** prints correlation matrices D and V_i
- + **REPEATED** used to specify the S_i . The repeated effects must be classification variables.
- + **TYPE**= specifies the structure of Σ . Simple means independence.
- + **R** and **RCORR** prints residual covariance, Σ , and correlation matrices.
- + **CONTRAST** allows testing hypothesis
- + **ESTIMATE** permits the estimation of one or several linear combinations of the fixed effects
- + **LSMEANS** Calculates least squares mean estimates of specified fixed effects

Importance of REPEATED

- + **CLASS** statement sets up categorical factors for both fixed and random effects
- + **MODEL** statement specifies fixed factors in the model
- + **RANDOM** statement in PROC MIXED is used to model covariance in the data.
- + **REPEATED** statement is more useful to find **covariance structure** of repeated measures.
- + Basic Syntax of **REPEATED**:

```
REPEATED <repeated factor variable> / SUB=<combination of variables>  
TYPE=<covariance structure name>(<option>);
```
- + The effect listed before the option slash (/).
- + The **SUB** or **SUBJECT**= effect defines the effect whose levels identify observations belonging to the same subject.
- + The **TYPE**= option determines the covariance structure in Σ .

Some important **Covariance Structures**

TYPE=VC

- + VC=Variance Components.
- + Simplest (single parameter is estimated) and Default setting
- + Not a reasonable choice for repeated measures designs.
- + 0 covariance along off-diagonal
- + Constant variance (σ^2) along diagonal

$$\begin{matrix} Time_1 \\ Time_2 \\ Time_3 \\ Time_4 \end{matrix} \begin{bmatrix} \sigma^2 & 0 & 0 & 0 \\ 0 & \sigma^2 & 0 & 0 \\ 0 & 0 & \sigma^2 & 0 \\ 0 & 0 & 0 & \sigma^2 \end{bmatrix}$$

Some important Covariance Structures

TYPE=CS

- + CS= Compound symmetry.
- + Equal variances on diagonal
- + Equal covariance along off diagonal (equal correlation)
- + Simplest Structure for fitting Repeated measures
- + Only 2 parameters need to be estimated
- + Either RANDOM or REPEATED sentence can be used with CS structure.

$$\begin{matrix} \text{Time_1} \\ \text{Time_2} \\ \text{Time_3} \\ \text{Time_4} \end{matrix} \begin{bmatrix} \sigma^2 + \sigma & \sigma_1 & \sigma_1 & \sigma_1 \\ \sigma_1 & \sigma^2 + \sigma & \sigma_1 & \sigma_1 \\ \sigma_1 & \sigma_1 & \sigma^2 + \sigma & \sigma_1 \\ \sigma_1 & \sigma_1 & \sigma_1 & \sigma^2 + \sigma \end{bmatrix}$$

Some important **Covariance Structures**

TYPE=UN

- + UN= **Unstructured**.
- + Most complex structure
- + Variance estimated for each time, covariance for each pair of times.
- + Different covariances on off-diagonal
- + Different variance (σ_i^2) along diagonal
- Leads to less precise parameter estimation (degrees of freedom problem)
- Unstructured models require estimating $K+K(K-1)/2$ parameters
- Only REPEATED sentence can be used with **UN**.

$$\begin{matrix} \textit{Time_1} \\ \textit{Time_2} \\ \textit{Time_3} \\ \textit{Time_4} \end{matrix} \begin{bmatrix} \sigma_1^2 & \sigma_{21} & \sigma_{31} & \sigma_{41} \\ \sigma_{12} & \sigma_2^2 & \sigma_{32} & \sigma_{42} \\ \sigma_{13} & \sigma_{23} & \sigma_3^2 & \sigma_{43} \\ \sigma_{14} & \sigma_{24} & \sigma_{34} & \sigma_4^2 \end{bmatrix}$$

Some important Covariance Structures

First Order Autoregressive AR(1): TYPE= AR(1)

- + Equal variances on diagonal
- + Off diagonal: Variance (σ^2) multiplied by the repeated measures coefficient (ρ) raise to increasing powers as the observations become increasingly separated in time.
- + Times must be equally ordered and equally spaced
- + Estimates 2 parameters ρ and σ^2
- + Both RANDOM and REPEATED statements can be used

$$\begin{matrix} \text{Time_1} \\ \text{Time_2} \\ \text{Time_3} \\ \text{Time_4} \end{matrix} \begin{bmatrix} \sigma^2 & \rho\sigma^2 & \rho^2\sigma^2 & \rho^3\sigma^2 \\ \rho\sigma^2 & \sigma^2 & \rho\sigma^2 & \rho^2\sigma^2 \\ \rho^2\sigma^2 & \rho\sigma^2 & \sigma^2 & \rho\sigma^2 \\ \rho^3\sigma^2 & \rho^2\sigma^2 & \rho\sigma^2 & \sigma^2 \end{bmatrix}$$

Finding suitable **Covariance Structure**

- + One can estimate a number of different covariance structures
 - + This is Key, Each experiment may have different covariance structure.
 - + Important to know which covariance structure best fits the random variances and covariance of the data.

Strategy / Algorithm:

- + First run unstructured (UN)
- + Next run compound symmetry (CS) – simplest RM structure
- + Next try other covariance structures that best fit the experimental design and biology of organism
- + **Use Model-Fitting Statistics**
 - + AIC – Akaike's Information Criteria: (smaller is better)
 - + BIC(SBC) – Schwarz's Bayesian Criteria: (smaller is better)

Goal is to find covariance structure that is better than compound symmetry

Data structure for PROC MIXED: some examples

- + Example 1: Arm strength is measured on 8 patients at 3 different times and where patients have been randomized to one of 2 treatment groups.
- + The multivariate view associated with e.g. PROC GLM code: would look like below

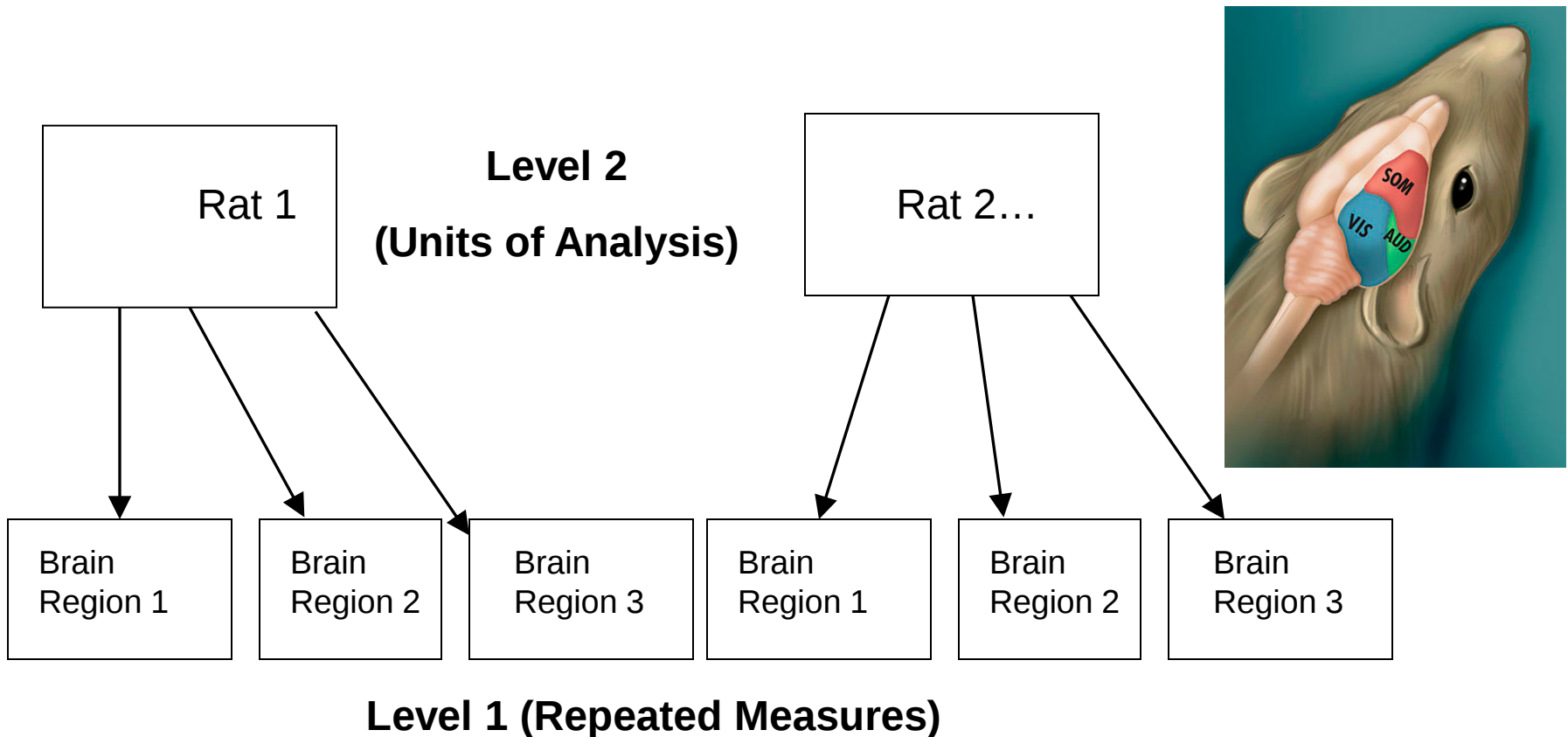
Obs	Treatment	Subject	Time1	Time2	Time3
1	1	1	8	10	4
2	1	2	7	1	5
3	1	3	9	10	9
4	1	4	3	2	5
5	2	1	4	9	2
6	2	2	8	3	2
7	2	3	5	5	5
8	2	4	10	0	1

- + For analysis of this data set using **PROC MIXED**, the univariate or stacked-data view will be required.
- + The univariate view was obtained by **PROC TRANSPOSE**.

Obs	Treatment	Subject	Time	Strength
1	1	1	Time1	8
2	1	1	Time2	10
3	1	1	Time3	4
4	1	2	Time1	7
5	1	2	Time2	1
6	1	2	Time3	5
7	1	3	Time1	9
8	1	3	Time2	10
9	1	3	Time3	9
10	1	4	Time1	3
11	1	4	Time2	2
12	1	4	Time3	5
13	2	1	Time1	4
14	2	1	Time2	9
15	2	1	Time3	2
16	2	2	Time1	8
17	2	2	Time2	3
18	2	2	Time3	2
19	2	3	Time1	5
20	2	3	Time2	5
21	2	3	Time3	5
22	2	4	Time1	10
23	2	4	Time2	0
24	2	4	Time3	1

Example: Rat Data

- + Chemical concentration in 3 different brain regions in rats



Example 3:

```
/*To illustrate Repeated measure analysis */
/*with random effect using PROC MIXED */

DATA test;
  INPUT Treatment Center Subjid Baseline Timept1 Timept2;
  DATALINES;
1 1 1 22.4 63.0 56.1
1 1 2 58.0 65.4 57.7
1 1 3 50.3 63.7 81.3
1 1 4 64.9 77.0 69.5
1 2 1 51.0 56.5 77.0
1 2 2 58.8 63.0 52.3
1 2 3 62.4 57.7 79.3
1 2 4 56.2 58.3 53.3
1 3 1 17.4 25.1 65.1
1 3 2 32.7 37.8 38.9
1 3 3 14.2 29.3 44.6
1 3 4 43.0 43.6 47.4
1 4 1 55.1 85.3 66.5
1 4 2 62.0 69.4 74.1
1 4 3 62.6 69.0 64.7
1 4 4 60.1 41.7 68.3
```

```
1 5 1 61.6 71.5 52.1
1 5 2 35.8 43.8 64.4
1 5 3 48.6 73.0 76.8
1 5 4 50.4 70.9 51.5
2 1 1 48.0 51.0 65.4
2 1 2 41.2 72.8 79.4
2 1 3 35.2 53.1 55.2
2 1 4 20.1 64.7 68.9
2 2 1 39.6 65.9 68.5
2 2 2 43.0 71.1 87.0
2 2 3 67.1 66.1 92.0
2 2 4 33.9 67.3 72.4
2 3 1 51.1 69.5 77.1
2 3 2 46.1 75.4 68.4
2 3 3 63.5 75.6 78.6
2 3 4 46.3 58.8 81.6
2 4 1 50.8 60.4 71.9
2 4 2 47.7 67.8 78.8
2 4 3 46.4 59.9 66.9
2 4 4 54.2 84.2 87.9
2 5 1 50.7 82.5 65.1
2 5 2 59.0 88.1 83.7
2 5 3 80.5 97.8 94.3
2 5 4 45.5 93.4 87.8

;
RUN;
```

```

/*Step1: Create a stacked dataset and and an ID variable _N_*/
❏ DATA TestStack;
    SET Test;
    ID = _N_;
RUN;

/*Step2: Stack the data*/
/*Create a new 'response' dependant variable and Time variable*/
❏ DATA TestStack2;
    SET TestStack;
    Time=1; Response=Timept1; OUTPUT;
    Time=2; Response=Timept2; OUTPUT;
    DROP Timept1 Timept2;
RUN;

/*Print the dataset*/
❏ PROC PRINT DATA=TestStack2;
RUN;

```

Obs	Treatment	Center	Subj id	Baseline	ID	Time	Response
1	1	1	1	22.4	1	1	63.0
2	1	1	1	22.4	1	2	56.1
3	1	1	2	58.0	2	1	65.4
4	1	1	2	58.0	2	2	57.7
5	1	1	3	50.3	3	1	63.7
6	1	1	3	50.3	3	2	81.3
7	1	1	4	64.9	4	1	77.0
8	1	1	4	64.9	4	2	69.5
9	1	2	1	51.0	5	1	56.5
10	1	2	1	51.0	5	2	77.0
11	1	2	2	58.8	6	1	63.0
12	1	2	2	58.8	6	2	52.3
13	1	2	3	62.4	7	1	57.7
14	1	2	3	62.4	7	2	79.3
15	1	2	4	56.2	8	1	58.3
16	1	2	4	56.2	8	2	53.3
17	1	3	1	17.4	9	1	25.1
18	1	3	1	17.4	9	2	65.1
19	1	3	2	32.7	10	1	37.8
20	1	3	2	32.7	10	2	38.9
21	1	3	3	14.2	11	1	29.3
22	1	3	3	14.2	11	2	44.6
23	1	3	4	43.0	12	1	43.6
24	1	3	4	43.0	12	2	47.4
25	1	4	1	55.1	13	1	85.3
26	1	4	1	55.1	13	2	66.5
27	1	4	2	62.0	14	1	69.4
28	1	4	2	62.0	14	2	74.1
29	1	4	3	62.6	15	1	69.0
30	1	4	3	62.6	15	2	64.7
31	1	4	4	60.1	16	1	41.7
32	1	4	4	60.1	16	2	68.3
33	1	5	1	61.6	17	1	71.5
34	1	5	1	61.6	17	2	52.1
35	1	5	2	35.8	18	1	43.8
36	1	5	2	35.8	18	2	64.4
37	1	5	3	48.6	19	1	73.0
38	1	5	3	48.6	19	2	76.8
39	1	5	4	50.4	20	1	70.9
40	1	5	4	50.4	20	2	51.5

The Mixed Procedure

Estimated R Matrix for Subject 1

Row	Col1	Col2
1	104.95	10.5119
2	10.5119	104.95

Estimated R Correlation Matrix for Subject 1

Row	Col1	Col2
1	1.0000	0.1002
2	0.1002	1.0000

Covariance Parameter Estimates

Cov Parm	Subject	Estimate
Center(Treatment)		21.0904
CS	ID	10.5119
Residual		94.4387

Fit Statistics

-2 Res Log Likelihood	595.7
AIC (smaller is better)	601.7
AICC (smaller is better)	602.0
BIC (smaller is better)	602.6

Type 3 Tests of Fixed Effects

Effect	Num DF	Den DF	F Value	Pr > F
Baseline	1	68	14.66	0.0003
Treatment	1	8	13.23	0.0066
Time	1	68	4.36	0.0406

```
/*Fit the MIXED model*/
```

```
PROC MIXED DATA = TestStack2 METHOD = REML;
  CLASS Treatment Center;
  MODEL Response = Baseline Treatment Time;
  RANDOM Center(Treatment);
  REPEATED / SUBJECT=ID R RCORR TYPE=CS;
RUN;
```

```
85 /*Fit the MIXED model*/
86 PROC MIXED DATA = TestStack2 METHOD = REML;
87   CLASS Treatment Center;
88   MODEL Response = Baseline Treatment Time;
89   RANDOM Center(Treatment);
90   REPEATED / SUBJECT=ID R RCORR TYPE=CS;
91   RUN;
```

NOTE: Convergence criteria met.

NOTE: PROCEDURE MIXED used (Total process time):
 real time 0.06 seconds
 cpu time 0.06 seconds

The Mixed Procedure

Estimated R Matrix
for Subject 1

Row	Col1	Col2
1	106.05	9.4134
2	9.4134	106.05

Estimated R Correlation
Matrix for Subject 1

Row	Col1	Col2
1	1.0000	0.08876
2	0.08876	1.0000

Covariance Parameter Estimates

Cov Parm	Subject	Estimate
Center(Treatment)	ID	21.0904
CS		9.4134
Residual		96.6358

Fit Statistics

-2 Res Log Likelihood	590.8
AIC (smaller is better)	596.8
AICC (smaller is better)	597.1
BIC (smaller is better)	597.7

Type 3 Tests of Fixed Effects

Effect	Num DF	Den DF	F Value	Pr > F
Baseline	1	67	14.66	0.0003
Treatment	1	8	2.29	0.1687
Time	1	67	4.26	0.0430
Time*Treatment	1	67	0.11	0.7374

```

/*To Test interaction between Treatment and Time*/
PROC MIXED DATA = TestStack2 METHOD = REML;
  CLASS Treatment Center;
  MODEL Response = Baseline Treatment Time Treatment*Time;
  RANDOM Center(Treatment);
  REPEATED / SUBJECT=ID R RCORR TYPE=CS;
RUN;

```

```

67 PROC MIXED DATA = TestStack2 METHOD = REML;
168 CLASS Treatment Center;
169 MODEL Response = Baseline Treatment Time Treatment*Time;
170 RANDOM Center(Treatment);
171 REPEATED / SUBJECT=ID R RCORR TYPE=CS;
172 RUN;

```

NOTE: Convergence criteria met.
 NOTE: PROCEDURE MIXED used (Total process time):
 real time 0.04 seconds
 cpu time 0.04 seconds

Summary

- + Repeated measures data need mixed models because of correlations between measurements on the same subject.
- + Modeling the covariance structure is a preliminary step in the analysis of repeated measures data using mixed model methodology.
- + In PROC GLM, repeated measures are handled in a multivariate framework and it requires a multivariate view of the data
- + PROC MIXED is much more powerful than PROC GLM. Because it is more powerful, it is more complex to use.
- + PROC MIXED offers greater flexibility for the modelling of repeated measures data than PROC GLM. It has a large choice of covariance structures (unstructured, compound symmetry, autoregressive, etc) for valid estimation of covariance in the data
- + PROC MIXED can handle some forms of missing data without discarding an entire subject's-worth of data.

References / acknowledgements

- + Statistical Analysis of Repeated Measures Data Using SAS Procedures - R. C. Littell, P. R. Henry, and C. B. Ammerman.
- + Repeated Measures Analysis: Design of Experiments – Montgomery, 14-4
- + Analysis of Repeated Measures Data – R. C. Littell
- + Comparing the SAS GLM and MIXED Procedures for Repeated Measures: Russ Wolfinger and Ming Chang, SAS Institute Inc., Cary, NC
- + Modelling covariance structure in the analysis of repeated measures data Ramon C. Littell, et al
- + Introduction to SAS Proc Mixed - CSCAR Workshop
- + Why SAS's PROC MIXED Can Seem So Confusing - Gerard E <http://www.jerrydallal.com/LHSP/mixedq.htm>
- + Google, SAS/STAT User's Guide, GSK notes, etc

A man in a dark blue suit, light blue shirt, and dark tie is holding a large white rectangular sign. The sign has the words "Thank You" written on it in a large, bold, grey, sans-serif font. The man's hands are visible on the left and right sides of the sign, holding it up. The background is a plain, light grey.

Thank
You