

Writing Standard Programs your People will Use and Love!

Jean-Marc Ferran
Consultant & Owner at Qualiance ApS
Copenhagen, Denmark

Abstract

Standard program implementation is an interesting exercise that requires software development insight, good code design adapted to company existing standards and processes and also an implementation methodology that will facilitate their use and most important end-user's adoption.

Although there is always a learning curve when using a new tool or program for the first time, it can be difficult to convince programmers to use a standard program if (they feel) they would have spent less time coding it themselves. Senior programmers often have their own undocumented and unvalidated although knowledgeable tool box that they develop and improve over the years and could probably do the job. There is nothing harder than selling programs to programmers and this is what standard programs are going up against in organisations.

This paper discusses different implementation strategies and important considerations that will increase programmers' quick adoption and program release success.

Contents

Introduction	2
Overall Picture	3
Organisation set-up and Stakeholder analysis	4
Implementation model, Sequential vs. Iterative	6
Conclusion	8
Contacts	8

Introduction

Industry standards implementation is reaching a certain state of maturity and many companies have engaged on the path of developing suite of standard programs to speed up the process of producing derived datasets and outputs but how to get the benefits quickly and keep work challenging and rewarding for staff in the long run?

At McDonalds®, one of the most standardised companies in the world, the creativity is in the standardisation and development of associated processes. Bigmacs® taste the same and can be delivered within the same timeframe in every restaurants in the world. Working in a McDonalds restaurant requires discipline, strength and some essential cooking and customer service skills. Clinical Programmers expect more from their daily tasks and the way we are approaching standardisation and its implementation at a larger scale will be crucial in retaining the talents in our industry.

Standard programs must speed up production of standard outputs so there is more time for the challenging and specific non-standard analyses. Make sure the programmers still get to program if you don't want to loose them. Overall timelines are made assuming outputs comes fast with standard programs. If it doesn't in practice because they are difficult to use or because they take too long to update, it means there will be even less time for the rest with obvious consequences on both quality and staff satisfaction.

This paper describes different implementation strategies, their characteristics and important points to take into consideration when selecting them. There is no one-size-fits-all and concepts have to be adapted to company sizes, culture and outsourcing strategies.

This paper is based on the author's experience working with companies of different sizes and cultures on such assignments and reflects his ideas and opinions.

This paper addresses standard program development from an organisational point of view. Additional papers are being written addressing requirements, documentation and code design and practices aspects of standard programming.

Overall Picture

Standardisation is a rather new concept in clinical research in comparison with other industries. Banks or telecom companies have to align certain standards so bank transfers or text messages can be exchanged across institutions and providers. The last thing drug maker companies would like to do is sending their data to competitors. With the emerging of Global standards such as CDISC together with regulatory requirements to submit data in a common format and the increasing partnership level between CROs and Sponsor companies, the pharmaceutical industry and biometrics in particular are taking a whole different approach to their processes. Benefits and savings in using standards (global or sponsor driven) are also an obvious reason to streamline the way we collect, store and analyse clinical data. At the same time, regulatory requirements are increasing as much as pressure from the generics on the innovative industry, which requires to deliver more and more data and results in a shorter timeframe to remain competitive.

Standardisation is a drastic change and involves a number of functions such as Trial Management, Data Management, Biostatistics and Medical Writing as a minimum (Input from Medical Science or Health Economics is also relevant). All those departments now have to align their processes further, to align terminology and rethink the way they work together. This change can of course be seen as intent of limiting staff creativity by enforcing more rigid processes and it does not come through without some resistance.

Organisations run such changes through massive projects leading to implementation of data warehouse type of systems involving cross-functional working groups defining necessary Protocol, CRF, Database and output standards, IT folks building the systems integrating with existing ones and functional experts from the different line of business involved fitting the new business processes. Other organisations take a more iterative approach and develop their standards together with the tools and pieces of technology over a longer period through their clinical research activities and align processes along the way.

No matter which approach is adopted, the definitions and robustness of standards is key to reaching the goals of reducing KPIs and increasing overall quality.

This paper focuses on the development of standard programs based on defined standards of databases and statistical outputs. A guestimate on how much sponsor companies wants to achieve in terms of standardisation of databases, outputs and associated standard programs is usually around 80% of all programming activities per studies. This means this 80% consists of repetitive tasks and Statistical Programmers and Statisticians should be spending their time and efforts on the remaining 20% consisting of trial specific, new and challenging tasks.

One important point (although probably obvious) is that programmers like to program (vs. point-and-click or filling-macro-parameters type of work, writing or reading large piece of documents) and they have been used to being fully in control of the whole flow from raw datasets, derived datasets to statistical outputs. Introducing new tools in that context is a massive change and involving and training programmers on their development and use is key to the success of user's adoption and rapid learning curve in order to deliver the benefits of standardisation.

Organisation set-up and Stakeholder analysis

Although the need for standardisation and development of standard programs becomes now obvious in our organisations, development of standard programs do not directly belong to the critical path of life-science companies where submissions or important trial milestones often drag resources at critical times. Organisations often struggle assigning and keeping resources for the time-consuming task of development of standard programs and adapt their structure and strategy to accommodate this process and their pipeline of clinical tasks.

A number of stakeholders are involved who do not limit to the only sphere of biostatistics. It is important to understand who they are and what are their needs and desires in order to shape the strategy and define adequate processes with respect to standard program development.

Stakeholders	Desires and Needs
Outputs consumers*	• Get outputs faster and of highest quality • Want to be able to twist the standards every so often
Statisticians	• Get outputs faster and of highest quality • Need “plug-and-play” tools
Clinical Programmers	• Need tools they can use, understand and debug easily • Save some time on repetitive tasks so they can do what they like: ▪ Program! ▪ Data crunching ▪ Solving problems
Standard Program Developer	• Find innovative solutions to general problems • Do not spend most of their time supporting end-users so they can develop more standard programs
Quality Assurance	• Make sure there is an adequate process for standard program development • The process is followed
Standardization group	• Their standards are used and supported by good tools
Management	• Cater all projects with less resources • Internal staff and Externals** can use standard programs with minimum training and support

*: Medical Writers, Medical & Science, Health-Economics, Pharmacovigilance, Regulatory, Marketing, etc.

** : Contractors, CROs, BPOs, etc.

It all usually starts where cross-functional standardisation groups are formed with the mandate to develop high-level specs including output mock-ups or brief description of derived variables and options. Such documents are used to get feedback and involve less technical but not less important functions in the process such as Medical Writers or Clinicians. These deliverables serve then as basis for development of more detailed and technical specifications (Requirements) that can be used for development and validation of associated standard programs.

From that point, organisations' strategies will vary from one company to another according to their size, culture and overall outsourcing capability. Companies indeed try to balance internal and external resources involved in standard program development between dedicated support departments and clinical projects. Staff in clinical projects represent the

PhUSE 2011

Paper AD05

end-users of the standard programs and are at the same time working on the critical path of drug development with limited time to spend on other activities.

Here are different organisation set-ups used in the industry where pros and cons are each time highlighted.

Case study 1: One department (typically, a support organisation) developing all standard programs for the rest of the organisation

Pros:

- Clinical Projects can focus on their trials.
- Consistency across all developed standard programs.

Cons:

- Huge training needs.
- Possible gap in Expectations vs. Final Product.

Case study 2: One department responsible for the corporate level and processes and each Clinical Project develops their own tools in addition

Pros:

- Global standards are addressed centrally
- Clinical Projects standard programs are developed in real settings
- More people are involved and can directly contribute with their know-how

Cons:

- Burden of documentation and testing of standard programs is shared with Clinical Programmers.
- Clinical Projects may develop tools that could have benefited other Clinical Projects.
- Risk having unfinished or obsolete standard programs due to conflicting clinical timelines due to development dragging over a longer period.

Case study 3: Requirements written and reviewed in-house and development outsourced, final product delivered with review rounds in between.

Pros:

- Commit less internal resources from both dedicated support department and clinical project and potentially more standard programs can be developed.
- Consistency across all developed standard programs

Cons:

- The review time can be much bigger than you planed if your outsourcing partner doesn't know well your company standards, processes and expected quality.
- Requirements need to be much more detailed.
- Final product may look like a totally new tool the internal staff does not adhere to.

Case study 4: One department doing it in collaboration with representatives from the different Clinical Projects where prototypes are being developed.

Pros:

- Better data standards adherence
- Enhanced clinical staff involvement, feedback and buy-in
- Standards supported by prototype are exposed to feedback from output consumers
- Best existing programming concepts and tricks can be dragged from the clinical projects
- Limited training needed late on

Cons:

- Some of your best resource can be pulled out from some important clinical trial tasks.
- Clinical programmers can struggle to find enough time to spend on prototypes.

- Or at the opposite, it can be difficult for the programmers to leave the “creativity” loop.
- And timelines can be harder to predict.

Implementation model, Sequential vs. Iterative

From the different organisation set-ups described in previous section, 2 pattern of development arise. Sequential (Case studies 1 & 3) and Iterative (Case studies 2 & 4). The challenge remains to find the right balance between keeping enough internal resources assigned to the clinical projects and involve end-users in the development of such tools so project standards can be considered further and end-users adoption can be enhanced through out the process.

Standard program development must follow a software development life cycle at the opposite of custom/one-shot programs that will be used once in a study. A simplified one that is often used for standard programs follow the steps below:

- Requirements (what the program must do)
- Code (technical implementation addressing requirements)
- Program documentation (Technical description of code aiming at facilitating maintenance)
- User guide (Technical documentation aiming at helping end-users using the program)
- Test plan (Scripts and test cases checking that all requirements are met)
- Test report (Documentation of test case execution)
- User acceptance test (A number of scenarios are tested formally or informally before release)
- Release in production.

Both sequential and iterative approaches can be adapted to the V-model that is widely used in software development so development and validation remain compliant.

Sequential

Requirements -> Program code and documentation -> Test plan -> Test report -> User acceptance test -> Release in production

It is easy to outsource but relies on detailed requirements and strong programming guidelines and well established program design practices. There is always the risk creating a toolbox that will sound totally foreign to in-house programmers in clinical projects that they will have to learn like a new application vs. using their own suite of undocumented and unvalidated of programs.

When outsourcing this, make sure you have an in-house programmer assigned as reviewer who will follow the development and will be able to become “super-user” on the given component and can take ownership for the success of its release inside the organisation. Requirements and programming guidelines need to be more detailed and examples of in-house developed “state-of-the-art” standard programs to refer as gold examples.

Iterative

Draft requirements + Draft code prototype -> Use as-is and improved within one or more projects -> Refinement of requirements -> Upgrade of prototype into robust and standardised program + writing of program documentation -> Test plan -> Test report -> User acceptance test (anecdotic) -> Release in production

A prototype-based approach will aim at getting as much feedback as possible from most senior programmers and users before formal implementation. It will also help the users to learn the program and create a feeling of ownership. Naturally programmers will see some components they have spent time in improving as their “babies” and will be first advocate and support for using them in the future.

The challenge here can be to leave the “creative” loop and call a given prototype “final” (for now) and ready to be upgraded to a standard program and used in production.

Small wins early will come quicker. Prototyping can almost replace some of the analysis work that would lead to design requirements (more fun for a programmer than going on the black board). Following this, the requirements can be written retrospectively and the whole V-model followed step by step ensuring full compliance. During this process the prototype is elevated to some more robust code following internal guidelines regarding standard program practices including documentation. During the prototyping period, programs can be used in the projects as guinea pigs and double programmed for the time being. A given double-program can be reused across studies if needed in order to minimize validation time till it is fully validated and released as a standard program.

“Real” test for standard programmes is when programmers use it in real settings (trial reporting, submissions, publications). The second real test is when study team (Medical Writers, Medical & Science, etc.) reviews the produced outputs and check that they fulfil expectations from the defined and agreed standard. You can have surprises there too and if some modifications are needed, it is always better to get this feedback early on so any important changes can be made at low cost.

In an iterative type of approach involving prototyping, it is crucial that individuals are made responsible and have the mandate to get each given components into production. This is to avoid prototyping dragging for too long or being left aside due to competing important clinical deadlines.

Conclusion

Even though standardisation is coming late, it is still harder in our industry when there is more than 1 million different concepts compared to Banking where a bank transfer can be described within 10 fields.

Companies rush into full-on standardisation, buying new technologies and developing expensive tools while they haven't done much about it for years and could still get drugs on the market. The backbone of success is definition of standards and their alignment across departments while prototyping will give the opportunity to see how processes, structures and technologies will support the best way possible the flow from Protocol to Statistical Outputs. Best is enemy of good and intending to get such complex data involving different department functions into a streamlined workflow requires time and patience. A Small-wins-early approach would be more beneficial in the long run. And this applies too at the single level of standard program development involving mainly biostatistics where an iterative approach would enable to drag the know-how from your best programmers, get their buy-in and provide a rewarding work environment for them.

Another good example of prototyping comes from Google® that for both gmail® and google+® (to mention some of their more famous products) gave an account to all their employees for a period of time to get their feedback before releasing them to a larger audience. We always have clinical trials or submission supported by experienced programmers that we can use to give us feedback on our tools in real settings.

The goal is to gain efficiency and minimize repetitive programming and validation and not to develop software in the first place. Simpler components developed first and used as prototypes within clinical projects enables to get quick wins on the KPIs and valuable feedback first on both program design and defined standard program development process before embarking on the journey of developing extensive suite of complex, flexible, robust and documented standard programs.

Let's remember that we work in the innovative industry and innovation should be promoted through out our work processes. Programming must remain challenging, fun and rewarding for programmers and we need to continue providing an environment where they can contribute and develop.

Contacts

Your questions and comments are most welcome!

Jean-Marc Ferran
Consultant & Owner, Qualiance ApS
Guldbergsgade 25, st th
2200 Copenhagen, Denmark
Tel: +45 6016 0456
Email: JMF@qualiance.dk
LinkedIn: <http://www.linkedin.com/in/jeanmarcferran>

Brand and product names are trademarks of their respective companies.